

Congratulations on your purchase of an E-Stim Systems Flanged BiPolar electrode. Given sufficient care your E-Stim Systems electrode should last for years.

Bipolar electrodes are designed with both of the contact points needed for electro play in the same simple insertable. The Flanged base prevents deep insertion and also offers additional surface area for stimulation.

Safety

DO NOT CONNECT ANY ELECTRICAL DEVICE TO ANY LOCATION ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER OR ARE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK. YOU MUST READ AND UNDERSTAND THE USER MANUAL AND ALL OTHER INSTRUCTIONS BEFORE ATTEMPTING OPERATION.

Cleaning

Always clean your electrode both before and after use. Ensure the electrode is completely dry before storage.

Soap, hot water and medical grade cleaning wipes can be used to clean your E-Stim electrode. Do NOT use caustic cleaning substances as this may damage the electrode.

It is possible to disassemble your E-Stim Flanged electrode for cleaning. When re-assembling ensure the lip on the insulated neck is correctly inserted into the base and the mounting bolt has the insulated bush fitted. If you loose any part, don't panic as spares are available.

Do not leave the connecting plugs inserted into the electrode during storage.

Connection

On the base of the electrode you will find two 4mm holes. These are the connection sockets to your E-Stim control unit. One socket is internally connected to the head of the electrode. (The 'head' contact), the other is connected to the base. (The 'base' contact). To connect push the red plug on the supplied cable into the central socket, and the black plug into the outer socket.

Right angled cables

Flanged electrodes are supplied with right angled cables, to reduce the amount of plug that protrudes from the electrode during use. To remove gently pull the plug (not the wire) and twist from side to side.

To use

Connect the supplied cable to the electrode, coat the electrode with conductive gel and then gently insert. The electrode is designed to be inserted up to the 'neck', of the electrode, so the base is outside the body, and the head inside. The current will then flow

E-Stim Systems

Flanged BiPolar Electrode



between the head and base, stimulating the areas in-between.

Once inserted, ensure the control box is switched off and the output level control is at minimum, then insert the 3.5mm jack socket into the correct socket on the control box.

Switch the control box on and slowly increase the output level to provide the desired stimulation.

If the subject feels discomfort then reduce the levels.

To remove

Reduce the output levels to minimum, switch off the control box and then unplug the cable from the control unit.

Once the electrode is removed, clean immediately. Ensure the electrode is completely dry before storage.

Do not remove the cables from either the control unit or the electrode whilst in operation as inadvertent electric shocks may be experienced.

Designed and manufactured in the UK by

E-Stim Systems Ltd
Unit 5
Wenta Business Centre
Colne Way
Watford WD24 7ND
01923 639137
sales@e-stim.co.uk
<http://www.e-stim.co.uk>

Congratulations on your purchase of an E-Stim Systems Flanged BiPolar electrode. Given sufficient care your E-Stim Systems electrode should last for years.

Bipolar electrodes are designed with both of the contact points needed for electro play in the same simple insertable. The Flanged base prevents deep insertion and also offers additional surface area for stimulation.

Safety

DO NOT CONNECT ANY ELECTRICAL DEVICE TO ANY LOCATION ABOVE THE WAIST (ACROSS THE ARMS COUNTS AS ABOVE THE WAIST!), BUT ESPECIALLY DO NOT CONNECT ACROSS THE HEART, CHEST, NECK OR HEAD. DO NOT USE IF FITTED WITH A PACEMAKER OR ARE PREGNANT. REMEMBER YOU USE THIS DEVICE AT YOUR OWN RISK. YOU MUST READ AND UNDERSTAND THE USER MANUAL AND ALL OTHER INSTRUCTIONS BEFORE ATTEMPTING OPERATION.

Cleaning

Always clean your electrode both before and after use. Ensure the electrode is completely dry before storage.

Soap, hot water and medical grade cleaning wipes can be used to clean your E-Stim electrode. Do NOT use caustic cleaning substances as this may damage the electrode.

It is possible to disassemble your E-Stim Flanged electrode for cleaning. When re-assembling ensure the lip on the insulated neck is correctly inserted into the base and the mounting bolt has the insulated bush fitted. If you loose any part, don't panic as spares are available.

Do not leave the connecting plugs inserted into the electrode during storage.

Connection

On the base of the electrode you will find two 4mm holes. These are the connection sockets to your E-Stim control unit. One socket is internally connected to the head of the electrode. (The 'head' contact), the other is connected to the base. (The 'base' contact). To connect push the red plug on the supplied cable into the central socket, and the black plug into the outer socket.

Right angled cables

Flanged electrodes are supplied with right angled cables, to reduce the amount of plug that protrudes from the electrode during use. To remove gently pull the plug (not the wire) and twist from side to side.

To use

Connect the supplied cable to the electrode, coat the electrode with conductive gel and then gently insert. The electrode is designed to be inserted up to the 'neck', of the electrode, so the base is outside the body, and the head inside. The current will then flow

E-Stim Systems

Flanged BiPolar Electrode



between the head and base, stimulating the areas in-between.

Once inserted, ensure the control box is switched off and the output level control is at minimum, then insert the 3.5mm jack socket into the correct socket on the control box.

Switch the control box on and slowly increase the output level to provide the desired stimulation.

If the subject feels discomfort then reduce the levels.

To remove

Reduce the output levels to minimum, switch off the control box and then unplug the cable from the control unit.

Once the electrode is removed, clean immediately. Ensure the electrode is completely dry before storage.

Do not remove the cables from either the control unit or the electrode whilst in operation as inadvertent electric shocks may be experienced.

Designed and manufactured in the UK by

E-Stim Systems Ltd
Unit 5
Wenta Business Centre
Colne Way
Watford WD24 7ND
01923 639137
sales@e-stim.co.uk
<http://www.e-stim.co.uk>